

**JLM PRODUCT #:** 962060

**PRODUCT NAME:** ORGANIC RAW PUMPKIN KERNELS

**UNIT UPC:** 863669741963

**CASE UPC:** 863669741956

**WEIGHT:** 9 oz (255g)

**ALLERGEN STATEMENT:**

\*\*Packaged in a facility that processes peanuts, soybean, milk, eggs, tree nuts, wheat (gluten), and fish products.

**COUNTRY OF ORIGIN:** CHINA.

**SHELF LIFE:** 365 Days

**OU KOSHER:** KOSHER - PAREVE

**ORGANIC:** Certified Organic by ECOCERT ICO

**INGREDIENTS:** Organic Shelled Pumpkin Seeds (Pepitas).

## Nutrition Facts

9 Servings Per Package

**Serving Size** 1 oz (28g)

Amount per serving

**Calories** **160**

**%Daily Value\***

**Total Fat** 14g 21%

Saturated Fat 2.5g 12%

*Trans Fat* 0g

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrate** 3g 1%

Fiber 2g 7%

Total Sugars 0g

Includes 0g Added Sugars 0%

**Protein** 9g

Vit. D 0mcg 0% • Potas. 227mg 6%

Calcium 13mg 1% • Iron 2.5mg 14%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

