

JLM PRODUCT #: 962039

PRODUCT NAME: ORGANIC TOASTED COCONUT

UNIT UPC: 863669741864

CASE UPC: 863669741857

WEIGHT: 4 oz (113g)

ALLERGEN STATEMENT: CONTAINS: COCONUT.

****Packaged in a facility that processes peanuts, soybean, milk, eggs, tree nuts, wheat (gluten), and fish products.**

COUNTRY OF ORIGIN: PHILIPPINES, CANADA, SRI LANKA.

SHELF LIFE: 365 Days

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ORGANIC: Certified Organic by ECOCERT ICO

INGREDIENTS: Organic Coconut Meat.

Nutrition Facts	
About 4 Servings Per Package	
Serving Size	1.1oz (30g)
Amount per serving	
Calories	200
	%Daily Value*
Total Fat 20g	30%
Saturated Fat 18.7g	93%
<i>Trans Fat 0g</i>	
Cholesterol 0mg	0%
Sodium 12mg	1%
Total Carbohydrate 7g	2%
Fiber 4g	18%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 2g	
Vit. D 5.3mcg 1%	• Potas. 224mg 6%
Calcium 5.3mg 1%	• Iron 0.8mg 5%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

