

JLM PRODUCT #: 962015
PRODUCT NAME: ORGANIC RED LENTILS
UNIT UPC: 863669741703
CASE UPC: 863669741697
WEIGHT: 11 oz (311g)

ALLERGEN STATEMENT:

****Packaged in a facility that processes peanuts, soybean, milk, eggs, tree nuts, wheat (gluten), and fish products.**

COUNTRY OF ORIGIN: Turkey.

SHELF LIFE: 365 Days

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ORGANIC: Certified Organic by ECOCERT ICO

INGREDIENTS: Organic Red Split Lentils.

Nutrition Facts

11 Servings Per Package

Serving Size 1 oz (28g)

Amount per serving

Calories 96

%Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 2mg 0%

Total Carbohydrate 17g 6%

Fiber 9g 31%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 7g

Vit. D 0mcg 0% • Potas. 187mg 4%

Calcium 13.4mg 1% • Iron 2.1mg 11%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

