SUNRISE COMMODITIES
INCORPORATED

Plantain Chips

Nutrition Facts

Serving Size: 1 oz (About 33 chips)
Servings per Container: N/A

Amount per Serving	
Calories 152	Calories From Fat 88
	% Daily Value*
Total Fat 10g	15%
Saturated Fat 1.4g	7%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 34mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 1.3g	5%
Sugars 4g	
Protein 1g	

Vitamin A 0% * Vitamin C 1%
Calcium 3% * Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400 mg
Total Carb.	Less than	300g	375g
Dietary Fiber	Less than	25g	30g

Calories per gram:
Fat 9 * Carbohydrate 4 * Protein 4

Ingredients: Green Plantains, Palm Olein, and Salt.