

00958

Raisin, Golden Seedless Select CA

ING: Golden Raisins, contain sulphur dioxide

Country of Origin: USA

Nutrition Facts		
Serving Size	1 cup	
Servings per Container		
Amount Per Serving		
Calories	437	
Calories from Fat		
% Daily Value*		
Total Fat	0g	0 %
Saturated Fat		%
Trans Fat		%
Cholesterol	0mg	0 %
Sodium	17mg	0 %
Total Carbohydrates	115g	33 %
Dietary Fiber	2g	8 %
Sugars		
Protein 5g		
Vitamin A	64 IU %	Vitamin C %
Calcium	76mg %	Iron 2.6mg %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		
Calories: 2,000 2,500		
Total fat less then	65g	80g
Sat Fat less then	20g	25g
Cholesterol less then	300mg	300m
Sodium less then	2400mg	2400m
Total Carbohydrates	300g	375g
Dietary Fiber	25g	30
Calories per Gram		
Fat	9	Carbohydrate 4 Protein 4