



# Light Halves and Pieces

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<b>Microbiological Specifications:</b>	
Standard Plate Count	<50,000/g
Yeast	<5,000/g
Mold	<20,000/g
E. Coli	<10/g
Salmonella	Negative
Staphylococci	Negative
Aflatoxin	None Detected

The ranges of value obtained through various private and government investigations are true and accurate to the best of our knowledge. Variations may occur due to crop differences, year to year. Analysis and range of values obtained by private and government sources may vary from actual data obtained from current or future crop years.

<b>Nutrition Facts</b>	
Serving Size 100 g	
Amount Per Serving	
<b>Calories</b> 654	Calories from Fat 587
% Daily Values*	
<b>Total Fat</b> 65.21g	<b>100%</b>
Saturated Fat 6.126g	<b>31%</b>
Polyunsaturated Fat 47.174g	
Monounsaturated Fat 8.933g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 2mg	<b>0%</b>
<b>Potassium</b> 441mg	
<b>Total Carbohydrate</b> 13.71g	<b>5%</b>
Dietary Fiber 6.7g	<b>27%</b>
Sugars 2.61g	
<b>Protein</b> 15.23g	
Vitamin A 0%	Vitamin C 2%
Calcium 10%	Iron 16%
*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Nutritional Values are based on USDA Nutrient Database SR18	

