



PURE MILK CHOCOLATE ALMOND BARK

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Calories (kcal)	233.05	524.06	Carbohydrates (g)	23.82	53.57
Calories from Fat (kcal)	131.85	296.49	Dietary Fiber (g)	1.49	3.34
Fat (g)	14.65	32.94	Total Sugars (g)	21.38	48.07
Saturated Fat (g)	7.44	16.72	Protein (g)	2.86	6.43
Trans Fatty Acid (g)	0.04	0.1	Vitamin A - IU (IU)	47.35	106.46
Cholesterol (mg)	4.22	9.49	Vitamin C (mg)	0.27	0.61
Sodium (mg)	23.59	53.05	Calcium (mg)	60.56	136.19
Potassium (mg)	138.97	312.49	Iron (mg)	0.56	1.26

Nutrition Facts			
Serving Size 1 piece (44g)			
Servings Per Container			
Amount Per Serving			
Calories 230		Calories from Fat 130	
		% Daily Value*	
Total Fat 15g			23%
Saturated Fat 7g			35%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 25mg			1%
Potassium 140mg			4%
Total Carbohydrate 24g			8%
Dietary Fiber 1g			4%
Sugars 21g			
Protein 3g			
Vitamin A 0% • Vitamin C 0%			
Calcium 6% • Iron 4%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

Nutrition Facts			
Serving Size (100g)			
Servings Per Container			
Amount Per Serving			
Calories 520		Calories from Fat 300	
		% Daily Value*	
Total Fat 33g			51%
Saturated Fat 17g			85%
Trans Fat 0g			
Cholesterol 10mg			3%
Sodium 55mg			2%
Potassium 310mg			9%
Total Carbohydrate 54g			18%
Dietary Fiber 3g			12%
Sugars 48g			
Protein 6g			
Vitamin A 2% • Vitamin C 2%			
Calcium 15% • Iron 8%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			



PURE MILK CHOCOLATE ALMOND BARK

INGREDIENTS: Milk Chocolate (sugar, cocoa butter, chocolate liquor, milk, lactose, soy lecithin [an emulsifier], salt, natural vanilla flavor), Almonds.

Contains Milk, Soy, Tree Nuts (almonds).

Manufactured in a plant that processes peanuts, tree nuts, soy, wheat (gluten), eggs, and dairy products.

November, 2015