

# Nutrition Facts

## Yellow Popcorn

Serving Size 100grams

### Amount Per Serving

Calories 387      Calories from Fat 38

### % Daily Values

<b>Total fat</b> 5g			7%
Saturated Fat 1g			3%
Trans Fat			
<b>Cholesterol</b> 0mg			0%
<b>Sodium</b> 8mg			0%
<b>Total Carbohydrate</b> 78g			26%
Dietary Fiber 15g			58%
Sugars 1g			
<b>Protein</b> 13g			
Vitamin A	4%	*	Vitamin C 0%
Calcium	1%	*	Iron 18%