

GKI MILK/DARK PRETZEL NIBS

06/15/2010

Nutrition Facts	
Serving Size (40g)	
Servings Per Container	
Amount Per Serving	
Calories 190	Calories from Fat 70
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 280mg	12%
Total Carbohydrate 28g	9%
Dietary Fiber 2g	8%
Sugars 14g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: MILK CHOCOLATE (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, CHOCOLATE LIQUOR, SOY LECITHIN (AN EMULSIFIER), VANILLIN (ARTIFICIAL FLAVOR), DARK CHOCOLATE (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN (AN EMULSIFIER), AND VANILLA)), PRETZEL NIBS (UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE-B-1, RIBOFLAVIN B-2, FOLIC ACID), MALT, SALT, SOYBEAN OIL, AND YEAST), AND CONFECTIONERS GLAZE.

Contains Milk, Soy and Wheat.

Allergy information: This product made in facility that processes peanuts, tree nuts, soy, wheat and dairy products.