

02/10/2010

## GKI NATURAL YOGURT PRETZELS

<b>Nutrition Facts</b>	
Serving Size (40g) Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 190</b>	<b>Calories from Fat 70</b>
% Daily Value*	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 210mg</b>	<b>9%</b>
<b>Total Carbohydrate 29g</b>	<b>10%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 16g	
<b>Protein 3g</b>	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: NATURAL YOGURT (EVAPORATED CANE JUICE, FRACTIONATED PALM KERNEL OIL, YOGURT POWDER (MILK), SOY LECITHIN (AN EMULSIFIER), LACTIC ACID, VANILLA, AND SALT), PRETZELS (WHEAT FLOUR, VEGETABLE OIL(CORN, CANOLA, COTTONSEED, SOYBEAN), CORN SYRUP, SALT, SODIUM BICARBONATE, YEAST).

Contains Milk, Soy, Wheat.

Allergy Information: this product made in facility that processes peanuts, tree nuts, soy, wheat and dairy products.

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04210

0 12547 35615 0  
NET WEIGHT 15 POUNDS

LOT #:  
GKI

LIPARI FOODS  
WARREN, MI 48089

