

02/10/2010

GKI NATURAL YOGURT RAISINS

Nutrition Facts

Serving Size (40g)

Servings Per Container

Amount Per Serving

Calories 190 **Calories from Fat** 80

% Daily Value*

Total Fat 9g **14%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 20mg **1%**

Total Carbohydrate 28g **9%**

Dietary Fiber 0g **0%**

Sugars 26g

Protein 2g

Vitamin A 2% • **Vitamin C** 0%

Calcium 4% • **Iron** 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300 mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: NATURAL YOGURT (EVAPORATED CANE JUICE, FRACTIONATED PALM KERNEL OIL, YOGURT POWDER (MILK), SOY LECITHIN (AN EMULSIFIER), LACTIC ACID, VANILLA, AND SALT), RAISINS AND CONFECTIONERS GLAZE.

Contains Milk, Soy.

Allergy Information: this product made in facility that processes peanuts, tree nuts, soy, wheat and dairy product.

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04210

0 12647 35515 3
NET WEIGHT 15 POUNDS

LOT #:
GKI

LIPARI FOODS
WARREN, MI 48089

