

**Natural Cream Cheese Chive Chetzel® Twists**

<b>Nutrition Facts</b>	
Serving Size 1oz (about 8 pieces)	
Servings Per Container About	
<b>Amount Per Serving</b>	
<b>Calories</b> 130	Calories from Fat 45
<b>% Daily Value*</b>	
<b>Total Fat</b> 5g	<b>8%</b>
Saturated Fat 4g	<b>20%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 300mg	<b>12%</b>
<b>Total Carbohydrate</b> 18g	<b>6%</b>
Dietary Fiber 0g	<b>2%</b>
Sugars 7g	
<b>Protein</b> 3g	
Vitamin A 2%	• Vitamin C 0%
Calcium 6%	• Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300g    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g

Low Cholesterol

Zero Trans Fat

All Natural

**Ingredients:** Coating (Whey, Palm Kernel Oil, Nonfat Milk Powder, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Sodium Phosphate, Soy Lecithin (an emulsifier), Natural Flavor, Natural Herbs, Citric Acid), Pretzel (Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Malt, Vegetable Oil (Contains One or more of the following: Canola Oil, Corn Oil, Soybean Oil), Leavening (Contains One or More of the following: Yeast, Sodium Bicarbonate, Ammonium Bicarbonate)).

Contains: Milk, Soy, and Wheat.

Manufactured in a facility that processes Tree Nuts, Egg, and Peanuts.