

03667

Heath Centers (to choc cover)

SUGAR, PALM OIL, DAIRY BUTTER(MILK), ALMONDS, SALT, ARTIFICIAL FLAVOR AND SOY LECITHIN

Country of Origin: USA

Nutrition Facts			
Serving Size	1/2 Cup		
Servings per Container			
Amount Per Serving			
Calories	210		
Calories from Fat	110		
% Daily Value*			
Total Fat	13g	20 %	
Saturated Fat	6g	30 %	
Trans Fat	0g	0 %	
Cholesterol	15mg	5 %	
Sodium	60mg	3 %	
Total Carbohydrates	23g	8 %	
Dietary Fiber	0g	0 %	
Sugars	22g		
(not a significant source of protein.)			
Protein	1g		
Vitamin A	0 %	Vitamin C	0 %
Calcium	2 %	Iron	0 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories: 2,000 2,500			
Total fat less then	65g	80g	
Sat Fat less then	20g	25g	
Cholesterol less then	300mg	300m	
Sodium less then	2400mg	2400m	
Total Carbohydrates	300g	375g	
Dietary Fiber	25g	30	
Calories per Gram			
Fat	9	Carbohydrate	4 Protein 4