

## Cheez-It Party Mix

30g serving

Nutrition Facts	
Serving Size	1/2 Cup (30g)
Servings Per Container	**
<b>Calories</b>	130
Calories from Fat	40
	<b>% Daily Value*</b>
<b>Total Fat</b>	4.5g <b>7%</b>
Saturated Fat	1g <b>5%</b>
Trans Fat	0g
Polyunsaturated Fat	2g
Monounsaturated Fat	1g
<b>Cholesterol</b>	0mg <b>0%</b>
<b>Sodium</b>	370mg <b>15%</b>
<b>Total Carbohydrate</b>	20g <b>7%</b>
Dietary Fiber	1g <b>4%</b>
Sugars	less than 1g
<b>Protein</b>	3g
Vitamin A	0%
Calcium	2%
Vitamin C	0%
Iron	6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000      2,500
Total Fat	Less than 65g      80g
Sat Fat	Less than 20g      25g
Cholesterol	Less than 300mg      300mg
Sodium	Less than 2,400mg      2,400mg
Total Carbohydrate	300g      375g
Dietary Fiber	25g      30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS: CHEESE CRACKERS** (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B<sub>1</sub>), RIBOFLAVIN (VITAMIN B<sub>2</sub>), FOLIC ACID], SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS, SKIM MILK CHEESE [SKIM MILK, WHEY PROTEIN, CHEESE CULTURES, SALT, ENZYMES, ANNATTO EXTRACT FOR COLOR], SALT, PAPRIKA, YEAST, PAPRIKA OLEORESIN FOR COLOR, CHEESE CULTURES), **PRETZELS** (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B<sub>1</sub>), RIBOFLAVIN (VITAMIN B<sub>2</sub>), FOLIC ACID], SALT, VEGETABLE OIL [CORN, CANOLA AND /OR SOYBEAN OIL], CORN SYRUP, YEAST, BAKING SODA), **BREAD SLICES** (ENRICHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B<sub>1</sub>), RIBOFLAVIN (VITAMIN B<sub>2</sub>), FOLIC ACID], VEGETABLE OIL [CORN, CANOLA, AND /OR SOYBEAN OIL], CORN SYRUP, SALT, WHEY, NONFAT MILK, YEAST), **WHEAT SQUARES** (WHOLE WHEAT, SUGAR, SALT), **CHEESE-FLAVORED RICE BALLS** (RICE FLOUR, VEGETABLE OIL [SUNFLOWER, SAFFLOWER, RICE AND /OR CANOLA OIL], MALTODEXTRIN, SALT, WHEY, CHEDDAR CHEESE [MILK, CHEESE CULTURES, SALT, ENZYMES], REDUCED LACTOSE WHEY, BUTTERMILK, NATURAL FLAVOR, ONION, SUGAR, DISODIUM PHOSPHATE, GARLIC, AUTOLYZED YEAST, CITRIC ACID, BLUE CHEESE [MILK, CHEESE CULTURES, SALT ENZYMES], LACTIC ACID), CONTAINS TWO PERCENT OR LESS OF SOYBEAN OIL WITH TBHQ FOR FRESHNESS, MONOSODIUM GLUTAMATE, SALT, CORN SYRUP SOLIDS, WORCESTERSHIRE SAUCE POWDER (MOLASSES, VINEGAR, CORN SYRUP, CARAMEL COLOR, SUGAR, TAMARIND, NATURAL FLAVORS), GARLIC, TORULA YEAST, MALTODEXTRIN, SUGAR, ONION, SPICES, DISODIUM INOSINATE, DISODIUM GUANYLATE, MODIFIED CORN STARCH, CARAMEL COLOR, WHEAT STARCH, MOLASSES, VINEGAR, SOY FLOUR.

**CONTAINS WHEAT, MILK AND SOY INGREDIENTS**

<b>USDA Grains/Breads servings</b>	1 1/4 Grains/Bread
<b>Kosher status</b>	Circle K dairy
<b>Product of</b>	USA
<b>Diet Exchange</b>	1 1/2 Carbohydrate, 1 Fat

**Nutrient Content Claims:** None

**Health Claims:** None

Nutrient Contents Per 100g			
Calories	438	Vitamin A	149 IU
Calories from fat	137	Vitamin C	0 mg
Total Fat	15.2 g	Calcium	84 mg
Saturated Fat	3.2 g	Iron	3.84 mg

Monounsaturated Fat	3.8	g	Vitamin D	NA	IU
Polyunsaturated Fat	7.3	g	Vitamin E	NA	IU
Trans Fat	0.17	g	Thiamin	0.21	mg
Cholesterol	0	mg	Riboflavin	0.13	mg
Sodium	1224	mg	Niacin	1.65	mg
Potassium	78	mg	Vitamin B <sub>6</sub>	NA	mg
Total Carbohydrate	66.7	g	Folic acid	48	mcg
Dietary Fiber	3.7	g	Vitamin B <sub>12</sub>	NA	mcg
Soluble Fiber	NA	g	Pantothenate	NA	mg
Insoluble Fiber	NA	g	Phosphorus	62	mg
Sugars	2.2	g	Magnesium	14.9	mg
Protein	9.0	g	Zinc	NA	mg
			Copper	NA	mg
			Manganese	NA	mg
			Selenium	NA	mcg
			Moisture	3	%
			Ash	2.0	%

Package Component and Serving Per Container Information on Next Page

UPC Codes	Size	**Servings per container
24100 10148	13oz (368g)	About 12
24100 12264	48 OZ (3 LB) 1360g	About 45
24100 30371	3 LB [1360g]	About 45
24100 25641	Case	
24100 25642	35oz (2 LB, 3oz) (992g)	About 33
24100 51444	Case	
24100 51445	Carton 10.5 oz (298g)	About 9

FAFH Case Code	Pack Size	Qty
24100 12264	3 lb Bags	4 Bags