



RS 70% Whole Kernels

Nutrition Facts

Serving Size: 30 g kernels

Calories	170
Fat Calories	120

	Amount/Serving	% Daily Value
Total Fat	14 g	21%
Saturated Fat	1.5 g	8%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium	160 mg	7%
Potassium	270 mg	8%
Polyunsaturated Fat	4 g	
Monounsaturated Fat	7 g	
Total Carbohydrate	8 g	3%
Dietary Fiber	3 g	12%
Sugars	2 g	
Protein	6 g	

Vitamin A	2%
Vitamin C	2%
Calcium	2%
Iron	6%

Percent Daily Values (DV) are based on a 2000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

Ingredients: California Pistachios and sea salt. May contain an occasional shell piece.