

Standard Vertical

Nutrition Facts	
81 servings per container	
Serving size	1 oz. (28g)
Amount per serving	
Calories	46
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 429mg	18%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 1g Added Sugars	2%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 26mg	3%
Iron 1mg	5%
Potassium 542mg	15%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	