Devik
INTERNATIONAL INC.
Delilah Brand
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Date: Mar 12, 2010

To: Lipari Foods
Attn: Joe Rathnaw – Category Manager
Fax # 586 563-2892

Total 2 pages

Ref : Israeli Medjoul Date Nutrition fact

As per your request we are attaching the nutrition facts for the Israeli Medjoul dates that we supply Lipari Food .

Regards

David Daks

Devik International Inc.

Nutrition Facts

Serving size 2-3 dates (40g)

Amount Per serving:
Calories: 120 Calories from Fat 0

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Potassium 240m	7%
Total Carbohydrate 31g	10%
Dietary Fiber 3g	14%
Sugars 29g	
Protein 1g	
Vitamin A	0%
Carotene, beta 2.4mg	
Lutein+zeaxanthin 30mcg	
Vitamin B-6	2%
Vitamin C	0%
Calcium	2%
Folate	2%
Iron	2%
Magnesium	4%
Niacin	2%
Pantothenic Acid	2%
Phosphorus	2%
Riboflavin	2%
Thiamin	2%

*Percent Daily Values are based on 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
TotalCarbohydrate		300g	375g
Dietary Fiber		25g	30g

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White Plains, NY 10607

www.devikintl.com

Produce of Israel

Medjoul Dates