



BERRYFUSIONS® FRUITS – CHERRY

UPC #94645, 98011, 94816

NUTRITIONAL ANALYSIS

Per 100 grams

Calories	331
Calories from Fat	4.83
Total Carbohydrates	82.7 g
Sugars	69.3 g
Dietary Fiber	6.87 g
Protein	0.35 g
Total Fat	0.537 g
Trans Fat	0 g
Cholesterol	<1.0 mg
Moisture	16.39 g
Ash	<0.1 g
Vitamin A	<100 IU
Vitamin C	<1.0 mg
Calcium	3.2 mg
Iron	0.19 mg
Copper	0.0303 mg
Magnesium	1.78 mg
Niacin	0.07 mg
Phosphorus	6.59 mg
Potassium	15.8 mg
Riboflavin	0.02 mg
Sodium	6.12 mg
Thiamin	<0.01 mg
Zinc	0.0438 mg

This analysis represents an average sampling.

Ocean Spray Cranberries Ingredient Technology Group

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