

JLM Manufacturing

5/11/2015

JLM PRODUCT #: 630562
PRODUCT NAME: WHITE QUINOA
UPC: 094776150243
WEIGHT: 13 oz (367.9 g)
ALLERGEN STATEMENT:
COUNTRY OF ORIGIN:
SHELF LIFE: 365 Days
OU KOSHER: Not Currently Kosher Certified
INGREDIENTS: Quinoa.

NUTRITIONAL INFORMATION		
SERVING SIZE	1/4 Cup (47g)	
SERVINGS PER PACKAGE	About 8	
CALORIES	173	
CALORIES FROM FAT	26	
TOTAL FAT	3g	4%
SATURATED FAT	0g	1%
TRANS FAT	0g	
CHOLESTEROL	0mg	0%
SODIUM	2mg	0%
TOTAL CARBOHYDRATES	30g	10%
FIBER	3g	13%
SUGARS	0g	
PROTEIN	7g	
VITAMIN A		0%
VITAMIN C		0%
IRON		12%
CALCIUM		2%

*PERCENT DAILY VALUES ARE BASED ON A 2,000 CALORIE DIET.

