



REQUESTED PRODUCT DATA INFORMATION

Company Name Dahlgren & Company, Inc.

Lipari Product Code # 630515

Code # _____ **Product Name:** Sunflower Seed Kernels R/S

UPC# _____

Date Sent: 2/16/2010

Ingredients: Sunflower Kernels And Vegetable Oil(Cottonseed Oil and/or Sunflower Oil).

Manufacture BY: Dahlgren & Company, Inc.

Allergen Statement:

Description of Product: Oil Roasted Sunflower Kernels.

Ideal Storage Temperature: Long Term Storage: 40F

Ideal Storage % Relative Humidity: Long Term Storage: 40-60%

Shelf Life: 3 months at 65-75F.

Initial ESHA Review

Date of Updates:

Nutritional Information

Serving Size 33g.

Amount per Serving

Calories 200 **Calories from Fat:** 140

% Daily Value *

Total Fat	17 g		28 %
Saturated Fat	1 g		16 %
Trans Fat	0 g		0 %
Cholesterol	0 mg		0 %
Sodium	180 mg		7 %
Total Carbohydrate	6 g		2 %
Dietary Fiber	4 g		18 %
Sugars	0 g		0 %
Protein	8 g		16 %

Vitamin 0 % **Vitamin C** 0 %

Calcium 4 % **Iron** 15 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on calorie needs.

	Calories:	2,000		2,500
Total Fat	Less than	65	g	80 g
Sat Fat	Less than	20	g	25 g
Cholesterol	Less than	300	mg	300 mg
Sodium	Less than	2,400	mg	2,400 mg
Total Carbohydrates		300	g	375 g
Dietary Fiber		25	g	30 g

Calories per gram 6.1
Fat og **Carbohydrates** 0 **Protein** 0