

4/28/16



185 Peanut Drive - P.O. Box 465 - Edenton, NC 27932

Toll Free: (800)334-4771 - Phone: (252)482-2193 - Fax: (252)482-7857

Product: Dry Roasted Blanched Runner Splits

Item #: 541055

| | |
|--------------------------------|--------|
| Water (g) | 1.55 |
| Calories (kcal) | 585 |
| Protein (g) | 23.68 |
| Fat (g) | 49.66 |
| Carbohydrates (g) | 21.51 |
| Dietary Fiber (g) | 8 |
| Sugars (g) | 4.18 |
| Ash (g) | 3.6 |
| Minerals | |
| Calcium (mg) | 54 |
| Iron, Fe (mg) | 2.26 |
| Magnesium, Mg (mg) | 176 |
| Phosphorus, P (mg) | 358 |
| Potassium, K (mg) | 658 |
| Sodium, Na (mg) | 6 |
| Zinc, Zn (mg) | 3.31 |
| Vitamins | |
| Vitamin C (mg) | 0 |
| Thiamin (mg) | 0.438 |
| Riboflavin (mg) | 0.098 |
| Niacin (mg) | 13.525 |
| Vitamin B-6 (mg) | 0.256 |
| Folate (ug) | 145 |
| Vitamin B-12 (ug) | 0 |
| Vitamin A (ug) | 0 |
| Vitamin E (mg) | 6.93 |
| Vitamin D (ug) | 0 |
| Lipids | |
| Fatty Acids, total Sat. (g) | 6.89 |
| Fatty Acids, total M. Sat. (g) | 24.64 |
| Fatty Acids, total P. Sat. (g) | 15.694 |
| Cholesterol (mg) | 0 |
| Other | |
| Caffeine (mg) | 0 |