

150701 Hawaiian Punch 5" 5oz

03/26/2014

Nutrition Facts	
Serving Size 6 twists (40g)	
Servings Per Container about 3.5	
Amount Per Serving	
Calories 120	Calories from Fat 5
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 30g	10%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 1g	
Vitamin A 0%	• Vitamin C 6%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Iron, Niacin, Thiamin, Riboflavin & Folic Acid), Corn Syrup, High Fructose Corn Syrup, Sugar, Water, Modified Food Starch (Corn), Citric Acid, Apple Juice Concentrate, Artificial Flavor, Hawaiian Punch Concentrate (Concentrated Juices (Apple, Clarified Pineapple, Passionfruit, orange), water, citric acid, and less than 2% of Fruit Purees (Apricot, Papaya, Guava), Natural and Artificial flavors, pectin, acacia gum, ester gum, Red 40, Blue 1, Sodium Benzoate), Maltodextrin, Salt, Soy Mono & Diglycerides, Soy Lecithin, Glycerine, Malic Acid, Palm Oil, FD&C Red No. 40, Ascorbic Acid.

Contains Wheat and Soy