

Mushroom Orzo Soup - Fall LTO

Nutrition Facts

Serving Size (245g)
Servings Per Container

Amount Per Serving

Calories 180 **Calories from Fat 70**

	% Daily Value*
Total Fat 8g	12%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 200mg	8%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 6g	

Protein 6g

Vitamin A 6% • Vitamin C 6%
Calcium 10% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: MILK, WATER, MUSHROOMS, ENRICHED MACARONI ORZO (Water, Semolina (Wheat), Niacin, Iron (Ferrous Sulfate), Thiamin Mononitrate, Riboflavin, and Folic Acid), ONIONS, FRENCH BRANDY (French Brandy, Salt), MUSHROOM BASE (Mushrooms, Salt, Hydrolyzed Soy Protein, Corn Syrup Solids, Sugar, Dried Onion & Garlic, Soy Flour, Cultured Whey [Milk], Natural Flavors, Corn Oil, Xanthan Gum, Disodium Inosinate and Guanylate), MODIFIED CORN STARCH, BUTTER (Cream, Salt), EXPELLER PRESSED CANOLA OIL, GARLIC, ENRICHED FLOUR (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), SPICES, GRANULATED GARLIC

Contains Milk, Soy, Wheat

0 G Trans Fat
VEGETARIAN

Joel Riegelmayr
Sr. Director of Food Safety
and Quality Assurance