



## PURE MILK CHOCOLATE ALMOND BARK

| Nutrients                | Per Serving | Per 100g | Nutrients           | Per Serving | Per 100g |
|--------------------------|-------------|----------|---------------------|-------------|----------|
| Calories (kcal)          | 233.05      | 524.06   | Carbohydrates (g)   | 23.82       | 53.57    |
| Calories from Fat (kcal) | 131.85      | 296.49   | Dietary Fiber (g)   | 1.49        | 3.34     |
| Fat (g)                  | 14.65       | 32.94    | Total Sugars (g)    | 21.38       | 48.07    |
| Saturated Fat (g)        | 7.44        | 16.72    | Protein (g)         | 2.86        | 6.43     |
| Trans Fatty Acid (g)     | 0.04        | 0.1      | Vitamin A - IU (IU) | 47.35       | 106.46   |
| Cholesterol (mg)         | 4.22        | 9.49     | Vitamin C (mg)      | 0.27        | 0.61     |
| Sodium (mg)              | 23.59       | 53.05    | Calcium (mg)        | 60.56       | 136.19   |
| Potassium (mg)           | 138.97      | 312.49   | Iron (mg)           | 0.56        | 1.26     |

| <b>Nutrition Facts</b>   |           |                              |            |
|--|-----------|------------------------------|------------|
| Serving Size 1 piece (44g)   |           |                              |            |
| Servings Per Container   |           |                              |            |
| Amount Per Serving   |           |                              |            |
| <b>Calories 230</b>  |           | <b>Calories from Fat 130</b> |            |
|  |           | % Daily Value*               |            |
| <b>Total Fat</b> 15g   |           |                              | <b>23%</b> |
| Saturated Fat 7g   |           |                              | <b>35%</b> |
| Trans Fat 0g   |           |                              |            |
| <b>Cholesterol</b> 5mg   |           |                              | <b>2%</b>  |
| <b>Sodium</b> 25mg   |           |                              | <b>1%</b>  |
| <b>Potassium</b> 140mg   |           |                              | <b>4%</b>  |
| <b>Total Carbohydrate</b> 24g  |           |                              | <b>8%</b>  |
| Dietary Fiber 1g   |           |                              | <b>4%</b>  |
| Sugars 21g   |           |                              |            |
| <b>Protein</b> 3g  |           |                              |            |
| Vitamin A 0% • Vitamin C 0%  |           |                              |            |
| Calcium 6% • Iron 4%   |           |                              |            |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: |           |                              |            |
|  | Calories: | 2,000                        | 2,500      |
| Total Fat  | Less than | 65g                          | 80g        |
| Saturated Fat  | Less than | 20g                          | 25g        |
| Cholesterol  | Less than | 300mg                        | 300mg      |
| Sodium   | Less than | 2,400mg                      | 2,400mg    |
| Potassium  |           | 3,500 mg                     | 3,500 mg   |
| Total Carbohydrate   |           | 300g                         | 375g       |
| Dietary Fiber  |           | 25g                          | 30g        |
| Calories per gram:   |           |                              |            |
| Fat 9 • Carbohydrate 4 • Protein 4   |           |                              |            |

| <b>Nutrition Facts</b>   |           |                              |            |
|--|-----------|------------------------------|------------|
| Serving Size (100g)  |           |                              |            |
| Servings Per Container   |           |                              |            |
| Amount Per Serving   |           |                              |            |
| <b>Calories 520</b>  |           | <b>Calories from Fat 300</b> |            |
|  |           | % Daily Value*               |            |
| <b>Total Fat</b> 33g   |           |                              | <b>51%</b> |
| Saturated Fat 17g  |           |                              | <b>85%</b> |
| Trans Fat 0g   |           |                              |            |
| <b>Cholesterol</b> 10mg  |           |                              | <b>3%</b>  |
| <b>Sodium</b> 55mg   |           |                              | <b>2%</b>  |
| <b>Potassium</b> 310mg   |           |                              | <b>9%</b>  |
| <b>Total Carbohydrate</b> 54g  |           |                              | <b>18%</b> |
| Dietary Fiber 3g   |           |                              | <b>12%</b> |
| Sugars 48g   |           |                              |            |
| <b>Protein</b> 6g  |           |                              |            |
| Vitamin A 2% • Vitamin C 2%  |           |                              |            |
| Calcium 15% • Iron 8%  |           |                              |            |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: |           |                              |            |
|  | Calories: | 2,000                        | 2,500      |
| Total Fat  | Less than | 65g                          | 80g        |
| Saturated Fat  | Less than | 20g                          | 25g        |
| Cholesterol  | Less than | 300mg                        | 300mg      |
| Sodium   | Less than | 2,400mg                      | 2,400mg    |
| Potassium  |           | 3,500 mg                     | 3,500 mg   |
| Total Carbohydrate   |           | 300g                         | 375g       |
| Dietary Fiber  |           | 25g                          | 30g        |
| Calories per gram:   |           |                              |            |
| Fat 9 • Carbohydrate 4 • Protein 4   |           |                              |            |



## **PURE MILK CHOCOLATE ALMOND BARK**

**INGREDIENTS:** Milk Chocolate (sugar, cocoa butter, chocolate liquor, milk, lactose, soy lecithin [an emulsifier], salt, natural vanilla flavor), Almonds.

Contains Milk, Soy, Tree Nuts (almonds).

Manufactured in a plant that processes peanuts, tree nuts, soy, wheat (gluten), eggs, and dairy products.

November, 2015