

All Natural Tubs - Revised 6/5/14

PRODUCT NAME	PLANTAIN CHIPS ROASTED & SALTED
JLM PRODUCT #	523191
INGREDIENTS:	Fresh Selected Plantains, Vegetable Palm Oil, Pacific Sea Salt.
UPC:	094776138906
WEIGHT:	5oz (141.5g)
COUNTRY OF ORIGIN:	ECUADOR
SHELF LIFE:	365 Days



NUTRITIONAL INFORMATION		
SERVING SIZE	1 oz (28g)	
SERVINGS PER PACKAGE	5	
CALORIES	152	
CALORIES FROM FAT	88	
TOTAL FAT	10g	15%
SATURATED FAT	1.4g	7%
TRANS FAT	0g	
CHOLESTEROL	0mg	0%
SODIUM	34mg	2%
TOTAL CARBOHYDRATES	17g	16%
FIBER	1.3g	5%
SUGARS	4g	
PROTEIN	1g	
VITAMIN A		0%
VITAMIN C		1%
IRON		6%
CALCIUM		3%

***PERCENT DAILY VALUES ARE BASED ON A 2000 DIET.**