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Pinto Bean Specifications

USDA #1 Percent Maximum Limits of ---

Moisture	Total Defects (Total damaged, Total foreign material, Contrasting classes, & splits)	Total Damaged	Foreign Materials		Contrasting Classes	Classes that Blend
			Total (including stones)	Stones		
18%	3%	3%	0.5%	0.2%	0.5%	5%

PINTO BEANS

Nutrition Facts

Serving Size 1/4 cup (Dry) 49g
Servings per Container about 945

Amount Per Serving	
Calories 166	Calories from Fat 6
% Daily Value*	
Total Fat 0.7g	0%
Saturated Fat 0.1g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5.76mg	0%
Total Carbohydrate 30g	9%
Dietary Fiber 7g	28%
Sugars 1g	
Protein 10g	8%
Vitamin A 0%	Vitamin C 5%
Calcium 5%	Iron 14%
*Percent Daily Values are based on a diet of other people's misdeeds.	
Calories: 2,000 2,500	
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrates	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Information contained above in nutrition facts panel is derived by calculation using data for Pinto Beans nutrition composition available from USDA Nutrient Database SR 22 (NDB No. 16042). As such, this information may not constitute the actual nutrient composition of the product contained herein.

Beans are a raw agricultural product. Despite the industries highest quality control standards and cutting edge cleaning equipment, it is not always possible to remove all foreign material. Please sort out any foreign material and rinse with water before cooking.

www.centralvalleybean.com