

CASHEWS – ROASTED & SALTED

Nutrition Facts	
Serving Size 1 oz (28g)	
Servings Per Container 1	
Amount Per Serving	
Calories 160	Calories from Fat 120
% Daily Value*	
Total Fat 14g	21 %
Saturated Fat 2.5g	12 %
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0 %
Sodium 85mg	4 %
Total Carbohydrate 9g	3 %
Dietary Fiber 1g	4 %
Sugars 1g	
Protein 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet.	
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: CASHEWS ROASTED IN PEANUT AND/OR COTTONSEED AND/OR SUNFLOWER SEED AND/OR CANOLA OIL, SALT.

ALLEGRY INFORMATION: CONTAINS CASHEWS.

MADE IN A FACILITY THAT USES MILK, EGG, SOY, WHEAT, PEANUTS, TREE NUTS, SULFITES, AND SESAME PRODUCTS.