

**PRODUCT NAME** PUMPKIN SEEDS ROASTED SALTED

**JLM PRODUCT #** 503323

**INGREDIENTS:** Pumpkin Seeds, Salt, Wheat Flour (Benzoyl Peroxide, Amilase, Asorbic Acid, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid.) Color Added.

**UPC:** 094776081622

**WEIGHT:** 11 oz

**ALLERGEN STATEMENT:** CONTAINS: WHEAT

**COUNTRY OF ORIGIN:** USA

**SHELF LIFE:** 365

<b>NUTRITIONAL INFORMATION</b>			
<b>SERVING SIZE</b>	1.3 oz (30g)		
<b>SERVINGS PER PACKAGE</b>	About 10		
<b>CALORIES</b> 165			
<b>CALORIES FROM FAT</b> 127			
<b>TOTAL FAT</b>	14	g	20%
<b>SATURATED FAT</b>	2	g	11%
<b>TRANS FAT</b>	0	g	0%
<b>CHOLESTEROL</b>	0	mg	0%
<b>SODIUM</b>	48	mg	2%
<b>TOTAL CARBOHYDRATES</b>	3	g	1%
<b>FIBER</b>	2	g	8%
<b>SUGARS</b>	1	g	
<b>PROTEIN</b>	8	g	
<b>VITAMIN A</b>	0%		
<b>VITAMIN C</b>	2%		
<b>IRON</b>	0%		
<b>CALCIUM</b>	10%		

**\*PERCENT DAILY VALUES ARE BASED ON A 2000 DIET.**