

## SUNFLOWER KERNELS – SALTED

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>1 oz (28g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>170</b>
% Daily Value *	
<b>Total Fat</b> 15g	<b>19%</b>
Saturated Fat 2g	<b>10%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 115mg	<b>5%</b>
<b>Total Carbohydrate</b> 6g	<b>2%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 6g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.2mg	6%
Potassium 140mg	2%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENTS:** SUNFLOWER KERNELS ROASTED IN VEGETABLE OIL (PEANUT, COTTONSEED, SUNFLOWER SEED AND/OR CANOLA), SALT.

PRODUCT IS MADE ON THE SAME EQUIPMENT AND MAY CONTAIN TRACES OF MILK, SOY, WHEAT, PEANUTS, TREE NUTS, AND SESAME.

PRODUCT FROM USA, ARGENTINA, AND BULGARIA.

PACKAGED IN USA.