



# REQUESTED PRODUCT DATA INFORMATION

Company Name: SunnyGem LLC

Lipari Product Code #

385442

Code #

Product Name:

Blanched Reg. Sliced Almonds

UPC#

Date Sent:

3/15/2010

Ingredients:

Almonds

Manufacture BY: SunnyGem LLC  
 Allergen Statement: See Attached

Description of Product: Blanched Regular Sliced Almonds

Ideal Storage Temperature: Optimum Storage 36 - 40 F

Ideal Storage % Relative Humidity: 65 - 70%

Shelf Life: 12 Months from Manufactured Date

Initial ESHA Review

Date of Updates: 3/15/2010

## Nutritional Information

Serving Size 30 g

Amount per Serving

Calories 170      Calories from Fat: 140

% Daily Value \*

Total Fat	15 g		23 %
Saturated Fat	1 g		6 %
Trans Fat	0 g		0 %
Cholesterol	0 mg		0 %
Sodium	10 mg		0 %
Total Carbohydrate	6 g		2 %
Dietary Fiber	3 g		12 %
Sugars	1 g		0 %
Protein	7 g		0 %

Vitamin A	0 %	Vitamin C	0 %
Calcium	6 %	Iron	6 %

\* Percent Daily Values are based on a 2,000 calorie diet.  
 Your daily values may be higher or lower depending on calorie needs.

Total Fat	Less than 65	Calories:	2,000	2,500
Sat Fat	Less than 20			
Cholesterol	Less than 300			
Sodium	Less than 2,400			
Total Carbohydrates	300			375 g
Dietary Fiber	25			30 g

Calories per gram	0	Carbohydrates	4	Protein	4
Fat 9g					