

## Whole Cashews Roasted Salted

<b>Nutrition Facts</b>	
Serving Size 1 oz (28g)	
Servings Per Container 1	
<b>Amount Per Serving</b>	
<b>Calories</b> 160	Calories from Fat 120
% Daily Value*	
<b>Total Fat</b> 14g	21%
Saturated Fat 2.5g	12%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 85mg	4%
<b>Potassium</b> 180mg	5%
<b>Total Carbohydrate</b> 9g	3%
Dietary Fiber 1g	4%
Sugars 1g	
<b>Protein</b> 5g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet.	
Calories per gram:	
Fat 9	• Carbohydrate 4 • Protein 4

Please write:

Serving size 1 oz/About ¼ cup

INGREDIENTS: CASHEWS ROASTED IN PEANUT, AND/OR COTTONSEED, AND/OR SUNFLOWER SEED, AND/OR CANOLA OIL, SALT.

ALLERGY INFORMATION: CONTAINS CASHEWS. MAY CONTAIN PEANUTS AND/OR OTHER TREE NUTS. MADE IN A FACILITY THAT USES MILK, EGG, SOY, WHEAT, SULFITES AND SESAME PRODUCTS.