

Nutrition Facts

Serving Size 3 ROUNDS (45g)
Servings Per Container 3 & 1/3

Amount Per Serving

Calories 240 Calories from Fat 140

% Daily Value*

Total Fat 16g 24%

Saturated Fat 9g 45%

Cholesterol 5mg 2%

Sodium 65mg 3%

Total Carbohydrate 24g 8%

Dietary Fiber 1g 4%

Sugars 22g

Protein 4g

Vitamin A 0% • Vitamin C 0%

Calcium 8% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower, depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Milk Belgian PB Rounds 5.3 oz

5/31/2013

INGREDIENTS: Belgian Milk Chocolate Sugar, Cocoa Butter, Whole Milk Powder, Belgian Chocolate Liquor, Skim Milk Powder, Milk Fat, Soya Lecithin (an emulsifier), Vanilla Extract, PEANUT BUTTER (PEANUTS, SUGAR, PALM KERNEL OIL, LACTOSE, SALT, SOYA LECITHIN (AN EMULSIFIER)). ALLERGEN INFORMATION: CONTAINS MILK, SOY, AND PEANUTS. MANUFACTURED ON SHARED EQUIPMENT WITH WHEAT AND ALMOND.

Belgian Cocoa Nib Rounds 01-24-2013

5/31/2013

Nutrition Facts

Serving Size 3 ROUNDS (45g)
Servings Per Container 3 & 1/3

Amount Per Serving

Calories 230 Calories from Fat 150

% Daily Value*

Total Fat 16g 25%

Saturated Fat 10g 51%

Cholesterol 5mg 1%

Sodium 0mg 0%

Total Carbohydrate 25g 8%

Dietary Fiber 4g 15%

Sugars 19g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Belgian Dark Chocolate (Sugar, Belgian Chocolate Liquor, Cocoa Butter, Butteroil (Milk), Soya Lecithin (an emulsifier), Vanilla Extract), Cocoa Nibs. Allergy Information: Contains Milk and Soy. Manufactured on Shared equipment with Peanuts, Tree Nuts and Wheat.

Belgian Dk SeaSalt Caramel 5.3 oz

5/31/2013

Nutrition Facts

Serving Size 3 ROUNDS (45g)
Servings Per Container 3 & 1/3

Amount Per Serving

Calories 200 Calories from Fat 110

% Daily Value*

Total Fat 12g 18%

Saturated Fat 7g 37%

Cholesterol 5mg 2%

Sodium 580mg 24%

Total Carbohydrate 26g 9%

Dietary Fiber 2g 8%

Sugars 20g

Protein 2g

Vitamin A 2% • Vitamin C 0%

Calcium 2% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Belgian Dark Chocolate (Sugar, Belgian Chocolate Liquor, Cocoa Butter, Butteroil (Milk) Soya Lecithin (an emulsifier), Vanilla Extract), Caramel (Sugar, Corn Syrup, Butter, Milk Powder, Dairy Whey, Canola Oil, Salt, Soya Lecithin (an emulsifier), Vanilla) Sea Salt.
ALLERGY INFORMATION: Contains Milk and Soy.
Manufactured on shared equipment with Peanuts, Almonds, Cashews, Coconut, Wheat, and Egg