

## Pic-A-Nut Tube Nuts - Revised 5/15/14

|                            |  |
|----------------------------|--|
| <b>PRODUCT NAME</b>        | ROASTED AND SALTED ALMONDS                 |
| <b>JLM PRODUCT #</b>       | 469080                                     |
| <b>INGREDIENTS:</b>        | Almonds (Roasted in Cottonseed Oil), Salt. |
| <b>UPC:</b>                | 094776130177                               |
| <b>WEIGHT:</b>             | 1.375 oz                                   |
| <b>ALLERGEN STATEMENT:</b> | Contains: Almonds                          |
| <b>COUNTRY OF ORIGIN:</b>  | USA  |
| <b>SHELF LIFE:</b>         | 12 MONTHS                                  |

**KOSHER:** 



| <b>NUTRITIONAL INFORMATION</b> |              |            |
|--------------------------------|--------------|------------|
| <b>SERVING SIZE</b>            | 1 oz (28g)   |            |
| <b>SERVINGS PER PACKAGE</b>    | 1.375        |            |
| <b> </b>                       |              |            |
| <b>CALORIES</b>                | <b>160</b>   |            |
| <b>CALORIES FROM FAT</b>       | <b>130</b>   |            |
| <b> </b>                       |              |            |
| <b>TOTAL FAT</b>               | <b>14g</b>   | <b>22%</b> |
| <b>SATURATED FAT</b>           | <b>1g</b>    | <b>6%</b>  |
| <b>TRANS FAT</b>               | <b>0g</b>    |            |
| <b>CHOLESTEROL</b>             | <b>0mg</b>   | <b>0%</b>  |
| <b>SODIUM</b>                  | <b>170mg</b> | <b>7%</b>  |
| <b>TOTAL CARBOHYDRATES</b>     | <b>6g</b>    | <b>2%</b>  |
| <b>FIBER</b>                   | <b>3g</b>    | <b>13%</b> |
| <b>SUGARS</b>                  | <b>1g</b>    |            |
| <b>PROTEIN</b>                 | <b>6g</b>    |            |
| <b> </b>                       |              |            |
| <b>VITAMIN A</b>               |              | <b>0%</b>  |
| <b>VITAMIN C</b>               |              | <b>0%</b>  |
| <b>IRON</b>                    |              | <b>6%</b>  |
| <b>CALCIUM</b>                 |              | <b>8%</b>  |

\*PERCENT DAILY VALUES ARE BASED ON A 2000 DIET.