



Nutrition Facts

Serving Size 6 Pieces (30g)
Servings Per Container

Amount Per Serving

Calories 150 **Calories from Fat** 50
% Daily Value*

Total Fat 6g **9%**
Saturated Fat 5g **25%**
Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 22g **7%**

Dietary Fiber 1g **4%**

Sugars 14g

Protein 1g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Yogurt Coating (sugar, palm kernel oil, reduced mineral whey powder, whole milk solids, yogurt powder [cultured whey protein concentrate and cultured skim milk], soy lecithin [emulsifier], artificial color [titanium dioxide], salt, lactic acid, natural flavor), Pretzels (unbleached enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], malt, salt, soybean oil), Red Coating (Sugar, Vegetable Oil [Palm Kernel Oil and Hydrogenated Palm Kernel Oil], Whole Milk Solids, Whey Powder, Nonfat Dry Milk Solids, Artificial Color [Red Lake #40], Soy Lecithin [Emulsifier], Salt, Artificial Flavor), Cherry Flavoring (Soybean and/or Corn Oil, Natural Flavors).

Contains: Milk, Soy, Wheat.