

**PACIFIC NORTHWEST FARMERS COOPERATIVE**  
**GARBANZO BEANS (chickpeas)**  
**PRODUCT INFORMATION/SPECIFICATION SHEET**

**DESCRIPTION:**

Whole garbanzo beans (chickpeas), Kabuli type (*Cicer arietinum*), naturally field dried.  
They shall be light cream to a dark cream in color, and contain no grain (gluten) product.

**COUNTRY OF ORIGIN: USA**

**PHYSICAL CHARACTERISTICS:**

**Moisture:** 12% Maximum  
**Split content:** .5% maximum  
**Damage:** .5% maximum (green in color)  
**Foreign Material:** .025% maximum

**SIZE (COUNT PER OUNCE):** As Specified by Customer

Example: 52/54, 54/56, 58/60, 8 MM, 9 MM, 10 MM, etc.

**NUTRITIONAL VALUE: (100 GRAMS, RAW)**

**Calories:** 164  
**Fat** 2.6 grams (.27 saturated)  
**Fiber:** 7.6 grams  
**Protein:** 8.9 grams  
**Calcium:** 190 mg  
**Sodium** 7 mg

**PACKAGING:** As Specified by Customer

**LOT NUMBER:** Noted on packaging

**RUN DATE:** Noted on packaging

**BEST BEFORE:** Noted on packaging

**STORAGE:** Temperature 60 Degrees F. @ 60% relative humidity-13 months

**NET WEIGHT:** Noted on packaging

**UNIT OF MEASURE:** Pounds