Nutrition Facts

Serving Size 1 serving (40g)
Servings Per Container 6

Amount Per Serving

Calories 150 Calories from Fat 45

	% Daily Value*
Total Fat 5g	**8%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 135mg	**6%**
Total Carbohydrate 25g	**8%**
Dietary Fiber 1g	**4%**
Sugars 18g	
Protein 2g	

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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Iron 2%

Not a significant source of trans fat, cholesterol, vitamin A, vitamin C and calcium.

Nutrition Facts Serving Size 1 serving (40g), Servings Per Container 6, Amount Per Serving: **Calories** 150, Calories from Fat 45, **Total Fat** 5 g (8% DV), Saturated Fat 1 g (5% DV), **Sodium** 135 mg (6% DV), **Total Carbohydrate** 25 g (8% DV), Dietary Fiber 1 g (4% DV), Sugars 18 g, **Protein** 2 g, Iron (2% DV). Not a significant source of trans fat, cholesterol, vitamin A, vitamin C and calcium. Percent Daily Values (DV) are based on a 2,000 calorie diet.

Peanuts, Sugar, Corn Syrup, Baking Soda, Water, Chocolate Coating (Sugar, Partially Hydrogenated Palm Kernel Oil, Reduced Mineral Whey Powder, Whole Milk Solids, Nonfat Dry Milk Solids, Soya Lecithin (an Emulsifier), Salt, and Artificial Flavor).

Contains: Milk, Peanuts, Soy

Pat's Gourmet Chocolate Peanut Crunch