

Nutrition Facts	
Serving Size 1 serving (40g)	
Servings Per Container 6	
Amount Per Serving	
Calories 140	Calories from Fat 50
% Daily Value*	
Total Fat 6g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Sugars 15g	
Protein 3g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Nutrition Facts Serving Size 1 serving (40g), Servings Per Container 6, Amount Per Serving: **Calories 140**, Calories from Fat 50, **Total Fat 6 g (9% DV)**, Saturated Fat 1 g (5% DV), **Sodium 160 mg (7% DV)**, **Total Carbohydrate 23 g (8% DV)**, Dietary Fiber 1 g (4% DV), Sugars 15 g, **Protein 3 g**, Iron (2% DV). Not a significant source of trans fat, cholesterol, vitamin A, vitamin C and calcium. Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: Corn Syrup, Peanuts, Sugar, Water, Baking Soda.

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CONTAINS: Peanuts

Lodish Champion’s Peanut Brittle Crunch