



GENERAL MILLS  
BAKERIES & FOODSERVICE

16000-22050

Chex Mix Brand Snack Traditional

NET WT 1 LB 15 OZ (31 OZ) (878g) 10 - 1 LB 15 OZ (31 OZ)  
(878g) BAGS



**Ingredients:**

**Enriched Flour** (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), **Whole Wheat, Degermed Yellow Corn Meal, Vegetable Oil** (soybean and/or rice bran), **Sugar, Partially Hydrogenated Soybean Oil. Contains 2% or less of:** Salt, Rye Flour, Maltodextrin, Yeast, Barley Malt Extract, Color Added, Baking Soda, Spices, Dextrose, Distilled Monoglycerides, Malt Syrup, Calcium Carbonate, Trisodium Phosphate, Autolyzed Yeast, Yellow Corn Flour, Onion, Garlic, Hydrolyzed Soy Protein, Natural Flavor, Disodium Inosinate, Disodium Guanylate. Freshness Preserved by BHT.

**CONTAINS WHEAT AND SOY INGREDIENTS.**

<b>Nutrition Facts</b>			
Serving Size 1/2 cup (29g)			
Servings Per Container About 30			
Amount Per Serving			
<b>Calories</b>	120		
Calories from Fat	35		
% Daily Value*			
<b>Total Fat</b> 4g	<b>6%</b>		
Saturated Fat 1g	<b>4%</b>		
Trans Fat 0g			
<b>Cholesterol</b> 0mg	<b>0%</b>		
<b>Sodium</b> 210mg	<b>9%</b>		
<b>Total Carbohydrate</b> 20g	<b>7%</b>		
Dietary Fiber 1g	<b>6%</b>		
Sugars 2g			
<b>Protein</b> 2g			
Iron	2%		
Not a significant source of vitamin A, vitamin C and calcium.			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**IMPORTANT:** The Nutrition Facts values are accurate only if nothing has been added (e.g., egg wash, icing, etc.) If left blank, you must fill in the correct baked weight for serving size, servings per container, and net weight.

The most accurate label information for package contents will always be on the product label. This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change.

**QUESTIONS? Call 1-800-767-5404**  
**GENERAL MILLS \* P.O. Box 200 - FS \* MINNEAPOLIS, MINNESOTA 55440**