

Shah Trading Co.

PRODUCT SPECIFICATION

RED QUINOA

Nutrition Facts

Valeur nutritive

Serving Size 170 g

Amont Per Serving

Calories/ Calories 626

% Daily Value *
% valeur quotidienne

Total Fat / Lipides 10 g 16%

Saturated / saturés 1 g 6 %
+ Trans / trans 0 g

Cholesterol / Cholestérol 0 mg 0 %

Sodium / Sodium 9 mg 0 %

Carbohydrates / Glucides 109 g 36 %

Dietary Fiber 12 g 48 %

Sugar / Sucres 0 g

Protein / Proteines 24 g

Vitamin A / Vitamine A 0 %

Vitamin C / Vitamine C 0 %

Calcium / Calcium 8 %

Iron / Fer 43 %

Ingredients: Red Quinoa