GKI TAMARI ALMONDS

02/05/2013

Nutrition Facts

Serving Size (28g)
Servings Per Container

Amount Per Serving

Calories 160 Calories from Fat 120

	% Daily Value*
Total Fat 14g	**22%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 125mg	**5%**
Total Carbohydrate 5g	**2%**
Dietary Fiber 3g	**12%**
Sugars 1g	
Protein 6g	

Vitamin A 0% • Vitamin C 0%

Calcium 8% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: ALMONDS, TAMARI SAUCE (WATER, SOYBEANS, RICE, SALT).

Contains Almonds and Soy.

Allergy Information: This product made in a facility that processes peanuts, tree nuts, soy, wheat and dairy products.
Allergy information: Manufactured on shared equipment with milk containing products. Incidental milk may be present.