

Dear Friend,

What can we ask of life, but the enjoyment of God's finest gifts, the love of family and friends and joy in what we can do for others? All of these blessings, in some measure, contribute to the product you hold in your hands.

Today, concerns about our health lead us to be selective about the food we choose to eat. We create granola that is exceptionally delicious as well as nutritionally balanced. CHEERY CHERRY HONEY CRUNCH™ gives you the opportunity to eat a little or a lot and not feel guilty. We invite you to enjoy the quality, freshness and wholesome goodness we put into every bite. Here is to a healthier you! May God bless you abundantly,

*Michaelene*

INGREDIENTS: Rolled oats, wildflower honey, red tart cherries (sugar, sunflower oil), peanuts, sunflower seeds, cinnamon, natural vanilla flavor.  
CONTAINS PEANUTS AND TREE NUTS

NATURAL PRODUCT: MAY CONTAIN AN OCCASIONAL PIT

♥ HEART HEALTHY - DIETARY FIBER MAY REDUCE THE RISK OF SOME CANCERS

Store in a cool dry place.

### Nutrition Facts

Serving Size 1/3 cup (28g)  
Servings Per Container 12

#### Amount Per Serving

**Calories** 104      **Cal. from Fat** 24  
%Daily Value\*

**Total Fat** 3g      **4%**  
**Saturated Fat** 0g      **0%**  
**Trans Fat** 0g

**Cholesterol** 0mg      **0%**  
**Sodium** 1mg      **0%**

**Total Carbohydrate** 17g      **6%**  
**Dietary Fiber** 2g      **8%**  
**Sugars** 5g

**Protein** 4g

Vitamin A 0%      •      Vitamin C 0%  
Calcium 0%      •      Iron 4%

\* Percent Daily Values are based on a 2,000 calorie diet.



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VISIT US AT: [www.gourmetgranola.com](http://www.gourmetgranola.com)

# Cheery Cherry Honey Crunch™



CAUTION! Michigan's finest tart cherries, crunchy golden toasted oats and sunflower seeds sweetened with wildflower honey have been known to cause smiley faces... Eat, drink and be merry!

Low Fat  
HEART  
HEALTHY\*

- ♥ All Natural
- ♥ Wheat Free
- ♥ Dairy Free
- ♥ Antioxidants
- ♥ Good Fiber

**NO** PRESERVATIVES  
ADDED FATS  
TRANS FATS  
CHOLESTEROL

NET WT  
12 OZ (340g)

Made in  
Michigan  
Since 1984