

PRODUCT NAME Raw Pine Nuts

JLM PRODUCT # 379235

INGREDIENTS: Raw Pine Nuts.

UPC: 094776110087

WEIGHT: 3 OZ

ALLERGEN STATEMENT: This Product Contains: Pine Nuts

COUNTRY OF ORIGIN: CHINA

SHELF LIFE: 12 MONTHS

KOSHER: 

NUTRITIONAL INFORMATION		
SERVING SIZE	1 oz (28g)	
SERVINGS PER PACKAGE	3	
CALORIES 190		
CALORIES FROM FAT 140		
TOTAL FAT	15g	24%
SATURATED FAT	4g	18%
TRANS FAT	0g	
CHOLESTEROL	0mg	0%
SODIUM	0mg	0%
TOTAL CARBOHYDRATES	9g	3%
FIBER	4g	14%
SUGARS	1g	
PROTEIN	4g	
VITAMIN A		0%
VITAMIN C		2%
IRON		6%
CALCIUM		0%

*PERCENT DAILY VALUES ARE BASED ON A 2000 DIET