

00630

Pretzel, Sour Dough Gems (approx 1")

Ingredients: Enriched wheat flour (contains: wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), salt, malt, leavening (contains one or more of the following: yeast, sodium bicarbonate, ammonium bicarbonate).

*Contains: Wheat

*Allergen Information: Manufactured in a facility that uses peanut butter.

*Product information & ingredients may change without notice. Please see package or contact us for updates.

*Last Changed: 6/18/12

Country of Origin: USA

Nutrition Facts			
Serving Size	11 pretzels (31g)		
Servings per Container			
Amount Per Serving			
Calories			110
Calories from Fat			0
% Daily Value*			
Total Fat	0g		0 %
Saturated Fat	0g		0 %
Trans Fat			%
Cholesterol	0mg		0 %
Sodium	290mg		12 %
Total Carbohydrates	23g		8 %
Dietary Fiber	than 1g		4 %
Sugars	than 1g		
Protein	3g		
Vitamin A	0 %	Vitamin C	0 %
Calcium	0 %	Iron	6 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories: 2,000 2,500			
Total fat less then	65g		80g
Sat Fat less then	20g		25g
Cholesterol less then	300mg		300m
Sodium less then	2400mg		2400m
Total Carbohydrates	300g		375g
Dietary Fiber	25g		30
Calories per Gram			
Fat	9	Carbohydrate	4 Protein 4