

00922

Prune, Pitted 30/40 ct 24/1 LB Calif.

Ingredients: Prunes (CA Dried Plums), potassium sorbate (added to preserve freshness).

\*\*"Caution: This product may contain Seeds or Pitts"

\*Product information & ingredients may change without notice. Please see package or contact us for updates.

\*Last Changed: 6/9/12

Country of Origin: USA

<b>Nutrition Facts</b>			
Serving Size	1/4 cup (40g)		
Servings per Container			
<b>Amount Per Serving</b>			
Calories	110		
Calories from Fat	0		
<b>% Daily Value*</b>			
Total Fat	0g	0 %	
Saturated Fat	0g	0 %	
Trans Fat	0g	0 %	
Cholesterol	0mg	0 %	
Sodium	5mg	0 %	
Total Carbohydrates	27g	9 %	
Dietary Fiber	3g	11 %	
Sugars	14g		
Potassium	390mg	11 %	
Protein	1g		
Vitamin A	12 %	Vitamin C	0 %
Calcium	0 %	Iron	2 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
Calories: 2,000 2,500			
Total fat less then	65g	80g	
Sat Fat less then	20g	25g	
Cholesterol less then	300mg	300m	
Sodium less then	2400mg	2400m	
Total Carbohydrates	300g	375g	
Dietary Fiber	25g	30	
Calories per Gram			
Fat	9	Carbohydrate	4 Protein 4