



## PURE MILK CHOCOLATE PRETZELS

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Calories (kcal)	181.72	480.73	Dietary Fiber (g)	0.84	2.22
Calories from Fat (kcal)	69.9	184.91	Total Sugars (g)	14.59	38.61
Fat (g)	7.77	20.55	Protein (g)	2.16	5.71
Saturated Fat (g)	4.56	12.06	Vitamin A - IU (IU)	33.67	89.08
Trans Fatty Acid (g)	0.07	0.17	Vitamin C (mg)	0.19	0.49
Cholesterol (mg)	2.87	7.59	Calcium (mg)	35	92.59
Sodium (mg)	72.77	192.51	Iron (mg)	0.92	2.44
Carbohydrates (g)	26.96	71.34			

<b>Nutrition Facts</b>	
Serving Size 6 pieces (38g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 180</b>	<b>Calories from Fat 70</b>
% Daily Value*	
<b>Total Fat 8g</b>	<b>12%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 75mg</b>	<b>3%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 15g	
<b>Protein 2g</b>	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

<b>Nutrition Facts</b>	
Serving Size (100g)	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories 480</b>	<b>Calories from Fat 180</b>
% Daily Value*	
<b>Total Fat 21g</b>	<b>32%</b>
Saturated Fat 12g	<b>60%</b>
Trans Fat 0g	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 190mg</b>	<b>8%</b>
<b>Total Carbohydrate 71g</b>	<b>24%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 39g	
<b>Protein 6g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 10%	• Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
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Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



## **PURE MILK CHOCOLATE PRETZELS**

**INGREDIENTS:** Milk Chocolate (sugar, cocoa butter, chocolate liquor, milk, lactose, soy lecithin [emulsifier], salt, vanilla), Pretzels (enriched flour [wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], corn syrup, vegetable oil [corn, canola and/or soybean oil], salt, sodium bicarbonate, yeast).

Contains Milk, Soy, Wheat (gluten).

Manufactured in a plant that processes peanuts, tree nuts, soy, wheat (gluten), eggs, and dairy products.

April, 2014