

Medjool Dates
 Lipari Item 353112
 UPC 089657560020
 5-lbs. Non-Pitted
 Product of USA / No-GMO



Nutrition Facts Valeur nutritive			
Per 2 dates (46g) / pour 2 dattes (46g)		Cholesterol / Cholestérol 0mg	0%
Amount / Teneur		Sodium / Sodium 4mg	0%
Calories / Calories 137		Potassium / Potassium 281 mg	8%
Calories from Fat/ Fat calories 0		Carbohydrate / Glucides 33g	11%
% Daily Value / %valeur quotidienne*		Dietary Fiber / Fibres alimentaires 3g	15%
Fat / Lipides 0g	0%	Sugars / Sucres 30g	
Saturated / saturés 0g	0%	Protein / Protéines 1g	
+ Trans / trans 0g		Vitamin A / Vitamine A	3%
		Vitamin C / Vitamine C	0%
		Calcium / Calcium	3%
		Iron/Fer	1%
		Magnesium / Magnésium	6%