

	VICTOR PACKING, INC. Liberty Bell & Madera Brand Raisins of California	DOCUMENT TYPE: SALES		
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Nutritional Data Sheet

California Golden Seedless Raisins

Nutritional Data	(per 100g sample)
Calories	302.00 Kcal
Protein	3.39 grams
Carbohydrates	79.52 grams
Sugars	59.19 grams
Dietary fiber	4.00 grams
Total Fat	0.46 grams
Ash	1.66 grams
Calcium	53.00 mg
Copper	0.363 mg
Iron	1.79 mg
Magnesium	35.00 mg
Manganese	0.31 mg
Phosphorus	115.00 mg
Potassium	746.00 mg
Sodium	12.00 mg
Zinc	0.32 mg
Vitamin C	3.20 mg
Thiamin	0.008 mg
Riboflavin	0.09 mg
Niacin	1.14 mg
Pantothenic Acid	0.14 mg
Vitamin B6	0.32 mg
Folate	3.0 mcg

*Source: USDA National Data Laboratories