

Blueberry Flavored Pretzels

02/23/2012

**Nutrition Facts**

Serving Size About 7 Pieces (40g)  
 Servings Per Container

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Amount Per Serving

**Calories 190**    Calories from Fat 60

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% Daily Value\*

<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>9%</b>
<b>Total Carbohydrate</b> 29g	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 15g	
<b>Protein</b> 2g	

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Vitamin A 0%    •    Vitamin C 0%

Calcium 4%    •    Iron 20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

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Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** Blueberry Flavored Coating [Sugar, Palm Kernel Oil, Nonfat Dry Milk, Sweet Whey (Milk), Nonfat Yogurt Powder (Cultured Whey, Nonfat Milk), Palm Oil, Soy Lecithin, Blueberry Flavor (Soybean Oil, Natural and Artificial Flavors), Artificial Coloring (Includes Red 40 Lake, Blue 2 Lake), Lactic Acid, Natural Flavors], Pretzels [Enriched Wheat Flour (Wheat Starch, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Silicon Dioxide (Anti-Caking Agent)), Corn Syrup, Salt, Sodium Bicarbonate, Yeast].

Contains Milk, Soy, Wheat.

May also contain Peanut, Tree Nuts.