

Raspberry Flavored Pretzels

02/23/2012

Nutrition Facts	
Serving Size About 7 Pieces (40g)	
Servings Per Container	
Amount Per Serving	
Calories 190	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Total Carbohydrate 28g	9%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 20%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS: Raspberry Flavored Coating [Sugar, Palm Kernel Oil, Nonfat Dry Milk, Sweet Whey (Milk), Nonfat Yogurt Powder (Cultured Whey, Nonfat Milk), Palm Oil, Raspberry Flavor (Soybean Oil, Artificial Flavors), Soy Lecithin, Artificial Coloring (Includes Red 40 Lake, Blue 2 Lake), Lactic Acid, Natural Flavors], Pretzels [Enriched Wheat Flour (Wheat Starch, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, Silicon Dioxide (Anti-Caking Agent)), Corn Syrup, Salt, Sodium Bicarbonate, Yeast].

Contains Milk, Soy, Wheat.

May also contain Peanut, Tree Nuts.