

YOGURT PRETZELS

Nutrition Facts	
Serving Size about 6 pretzels (28g)	
Amount Per Serving	
Calories 130	Calories from Fat 45
%Daily Value*	
Total Fat 5g	8%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 21g	7%
Dietary Fiber < 1g	2%
Sugars 13g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carb	300g 375g
Dietary Fiber	25g 30g

Yogurt Pretzels

Yogurt Pretzels: Sugar, Palm Kernel Oil, Reduced Mineral Whey Powder, Titanium Dioxide (An Artificial Coloring), Yogurt Powder (Cultured Whey and Nonfat Milk), Soy Lecithin (An Emulsifier), Salt, and Vanilla. Unbleached Enriched Wheat flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate-B1, Riboflavin-B2, Folic Acid), Salt, Soybean Oil, and Malt.